

Hello folks!

Let's have a Tree Party!

Activity Booklet

Activities to inspire and help
you admire the most magnificent
mainstays of our landscapes, trees!



Call in family, friends, and neighbours, work with your local community group, scout association, school, care home, or anyone else you can think of, and host a Tree Party this National Tree Week.

It could be in your nearby park, your garden, or any other community space, and if you can't Grow a Tree in 23, why not just find a favourite, give it hug and say thanks For all its life-giving benefits.

We'd love you to share your photos and stories with us
#NationalTreeWeek
#TreeParty



No.1

Go for a nature walk with a twist!



Walking behind each other, in a line, stay nice and quiet. Be guided by the person at the head of the line and in the silence, let your senses wander and observe the nature in your surroundings.

In time, the person at the front of the line should pick up an object that attracts them – it could be a leaf, or a stone, or a piece of moss...

Spend time with it. Then pass it down the line for all to see, before moving to the back of the line. Continue until everyone has shared their enchanting object.

No.2

Map a walk in the shape of a leaf!

Use your fitness app to map a leaf or tree shape and run, walk or cycle it. A bit long for an evening's outing? Why not make it a team fundraiser for The Tree Council or your local Tree Warden network?

No.3

Have a boogie!

Make a playlist for your party, or check out ours on [Spotify](#) - just search for [Tree Party](#). It's chilly this time of the year, so dance to stay warm!

No.4

Make a natural collage or sculpture!

Gather items from the natural environment (fallen leaves, seeds, sticks, mosses) and arrange them into natural collages or sculptures. You could even create a frame for your masterpiece with sticks.



No.5

Make a rainbow!

Hunt for forest items which form part of the colour spectrum to make your very own rainbow. Leave in situ for someone else to enjoy or string it up at home as autumnal decoration.

No.6

Embrace the elements!

Whatever the weather, find a spot to sit and observe a tree for a minute. You might notice something new... autumn leaves in the breeze sparkle like glitter... Rain? Can you smell the soil and bark? At the end of your minute, stay there for longer, or see if you can capture your observations in just five words.



No.7

Make a bark rubbing tablecloth!

Collect rubbings from different trees.
Cut them up and make a patchwork.
Can you make a whole tablecloth?

No.8

Create a community tree trail!

Everyone has a tree they love, whether they know it or not! Gather together and start putting your most loved trees on the map.

You can use a paper map and post it notes, or set up a digital map. Once you've collected everyone's favourite trees, you could make them into a local tree trail. The Tree Council uses Go Jauntly for ours.



No.9

Make leaf crowns!

Collect as many different shaped and coloured leaves as possible. Cut a thin band of card, long enough to fit around your head, and use masking tape to attach the leaves. Curl the card until it is the right size for your head and close at the back with masking tape. Wear with pride!

No.10

Bake some leaf biscuits!

Dig out your favourite biscuit recipe and follow the instructions below to make delicious edible leaves...

- 1.**
On a piece of paper, draw the outlines of various leaves with a felt-tip pen. Make sure to include features such as veins and the petiole.
- 2.**
Cut out your leaf shapes and place on top of rolled out biscuit dough.
- 3.**
Using your paper outlines, gently cut the dough into leaf shapes
- 4.**
Using a blunt knife, score the veins into the dough leaves
- 5.**
Bake and devour!

No.11

ID a tree!

Use our spotter sheet, postcards or an app to explore the trees around you. Tree ID'ing can be a fun challenge, especially in winter when we can no longer rely on recognising leaves!

No.12

Leaf no trace!

Let's leave our Tree Party site greener and healthier than we found it. If you're confident that you know what trees you've just planted, remove any tags and labels to avoid leaving plastics behind.



And why not do an extra litter picking sweep, taking special care of the bottom of hedgerows and other spots where litter collects.

This year's National Tree Week
(November 25 – December 3) is extra
special as it marks the 50th anniversary
of the famous 'Plant a Tree in 73'
campaign – from which The Tree
Council was born!

To pay homage to those foundations,
and echo the slogan half a century later,
The Tree Council wants as many people
as possible to have the opportunity
to Grow a Tree in 23!

Share your photos and stories with
us #NationalTreeWeek #TreeParty

Nationaltreeweek.org.uk
Treecouncil.org.uk

**NATIONAL
TREE WEEK
2023** 25 November
- 3 December



The Tree Council is a registered
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